



# 8-Hour Leadership Workshop in Kingian Nonviolence and Conflict Reconciliation



Boys to Men Agenda  
6/16/26 – 6/17/26, 10am – 2pm each day  
Dunbar Pavillion - 325 W 2nd St, Tucson, AZ 85705

## Goals

- Orient the staff in Kingian Nonviolence.
- Provide more tools to the staff who can then better serve their population and grow.
  - Violence prevention
  - Focus on inner peace
  - Skill building in interpersonal de-escalation
  - Conflict resolution/reconciliation

## Day 1

Welcome, Introduction of Trainers, Land Acknowledgment, Empathy Partners,  
Intro Doc, D. Jehnsen, Shake it up, Parking Lot, Schedule (hc) (20m)  
Group Agreements (hc) (5m)  
Paired Introductions (hc) (20m)  
Values Clarification  
Break (10min)  
Intro to Kingian Nonviolence (dialectic thinking) (mk) (20m)  
Violence Is (Definition of Violence) (hc) (20m)  
Types & Levels of Conflict & Role Play (hc) (30m)  
Calm in the Storm: Intro Inner Peace Action Plan (p51) (mk).  
Parking Lot, Closing

## Day 2

Welcome, Agenda, Review (hc) (15min)  
6 Principles (hc) (30m)  
Aggression/Conciliation & Dynamics of Social Conflict (hc) (15m)  
Top-Down, Bottom-Up (hc) (15 min)  
Six Steps of Nonviolence (hc) (30m)  
Break (10min)  
Joy City  
Explain Organizational Action Plan, & Community Action Plans (hc)(10min)  
Individual, Org and Community Action Plans 1, 2 (hc) (75 min)  
Share Action Plans with Large Group (hc) (20min)  
Survey, Parking Lot (mk), Closing (hc) (10m)