

Mitigating Racism & Building Community Workshop



Description

Together, we will Build Bridges toward greater Unity, toward the Beloved Community. This workshop provides a brave place for our online community to understand the consequences of racism and our personal biases through deep listening and sharing. We will support each other to take actions, small or large, to heal ourselves and our communities from generations of trauma caused by racism. We will build trust, have respectful conversations where everyone can speak their truth without being attacked, and provide a language to discuss racism. We ask everyone to have an open mind and be willing to change. We will have Empathy Staff and Calming Rooms, as needed. We will have education about racism and ways to build community. Everyone who registers will agree to a set of Group Guidelines. We are all in this together.

Expected outcomes:

- 1. Gain skills in deep listening and respectful communication.
- 2. Gain an understanding of ways to mitigate racism.
- 3. Practice ways of mitigating racism & building community with all people.

Dates/Times 4 Saturdays in 2024: 4/20, 5/18, 6/15, 7/20. All sessions are from 12:00pm – 2:30pm AZ MST/PT Plus 4 hours of individual self-study and reflection on your own, in between the sessions.

Location Zoom Meeting

Facilitators



hassan clement is a member of the Nonviolence Legacy Program and a community activist with the Amphi Neighborhood Association for tenant rights.

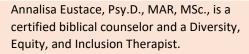


Mark A. Klym, MPA is a co-founder and facilitator of the Phoenix Peace Builders which helps communities heal from generations of trauma with Nonviolence Education and Action.



ShaRon Rea, #nojudgmentjustloveworld, is founder of a movement that urges us to change our way of thinking and behaving towards other people to experience more peace and love.





Frank Thompson is a veteran, a member of Common Defense, a member of the AZ Poor People's Campaign, and a member of the League of Women Voters of Greater Tucson.



Greg Olszta is a member of the Poor People's Campaign, elevating low-income people, seeking to abolish poverty, racism, militarism, environmental devastation, and the false narratives of Christian nationalism.

Cost: This event is offered on a gift economy basis where everyone is welcome regardless of financial status. During the training, the facilitators will explain gift economics and share the cost of producing the course. No fee is required, but donations are gratefully accepted. Some people can donate, some cannot, some raise the funds. Donate here: <u>https://phoenixpeacebuilders.org/donate</u>



Register in advance at: <u>https://www.phoenixpeacebuilders.org/1</u> 602.799.4572

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